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## Hot New Book Published by Local Sonoma County Authors "How To Stay Happily Married After Kids."

**Santa Rosa, Ca.** - A hot new book has hit the market. The "Almost Famous" authors Leslie Mancillas and Peg Melnik share stories detailing how they stay in love with their husbands amidst the madness of family life. With a 62% divorce rate in America, these "local moms done good" have defied the odds. Contending that monogamy does not mean monotony - one can be sexy in the midst of crying babies and dirty diapers!

After a decade of marriage and children these moms reveal practical, humorous tips that work for them. They are not therapists, but have honorary Ph.D.'s in keeping romance alive after kids arrive. Psychologist Russ Messing writes in his foreword, "This is not a book of theory. It is one based on real life experiences. So read and enjoy. Read and re-connect with your beloved."

They have created quite a media buzz including: Contributions in "Parents and I'm Pregnant Magazines", a great write-up in the "San Francisco Chronicle," and other newspapers, television interviews with our CBS affiliate, and the largest Bay Area Spanish and local stations: Univision 14 (at peak time with over one-hundred thousand viewers) and KRON 4 as well as on five Infinity and our PBS affiliate radio stations. We have been picked up by five Sonoma County, Ca. library systems.

The two have had great success lecturing at local mothers' and parenting groups and hosting on-line chats. Our affiliation with the <u>number-one on-line baby announcement company</u>, <u>Storkavenue.com</u> has also been extremely fruitful. The book is available on-line at Amazon, Borders and Barnes & Noble.com and on numerous parenting websites.

Leslie Mancillas, M.A. teaches English for the Santa Rosa Junior College in Sonoma County, Ca. She also teaches for the Education Department of Sonoma State University. Peg Melnik, M.A. is the co-author of "The Napa & Sonoma Book," and she is a columnist with a New York Times-owned newspaper in Sonoma County. Certain that they would encourage and inspire others these two best friends teamed up to create this book.

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